

Kabul dance studio

confidence • grace • poise

Dance Class Shoes and Attire

Beginning Ballerinas:

Preferably a solid color leotard, tights, optional skirt or dance shorts and pink ballet shoes.



Intermediate 1 & 2 Ballet and Tap:

Preferably a solid color leotard, tights, optional skirt or dance shorts, pink ballet shoes, and black patent leather tap shoes.



Junior and Senior Class

Preferably a leotard, tights, dance skirt, shorts or leggings. Pink ballet shoes and black tap shoes and black jazz shoes.



Adult Tap

Students should wear dark flexible clothing to class that does not restrict their movement in any way. For example: black leggings, capris or stretchy cotton pants with a T-shirt or stretchy top. At the beginning of the year we will be spending 30 minutes of class time working on cardio in order to increase our dancing endurance. For this you will need comfortable exercise shoes. You will also need black tap shoes.



Here are a few websites that offer everything you would need.

www.allaboutdance.com

www.discountdance.com

A few things to keep in mind:

- We live in Kabul and it gets very cold in the winter. You will need different dance attire in the winter than in September. Please be sure you are planning for cold weather. You will need WARM form fitting clothes.
- We plan to have a small shop in the studio where dance attire and shoes will be sold. However, if you are able to bring your own attire this will ensure a proper fit.
- Plan bring a bag to class that can be used for transporting dance shoes along with a water bottle.

Please email me with any questions! KenandErinJensen@gmail.com Thank you!